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**11/09/2020**

### **Advice to All Parents - Single case**

Dear Parents,

We are writing to inform you that we have been notified of a confirmed case of COVID-19 who has visited a very limited area of the school.

We appreciate that this will be of concern, but would like to assure you that we are working closely with Public Health England and the Local Authority to monitor the situation and ensure that the appropriate measures are put in place.

The small number of children and parents who were in direct contact with the confirmed case will have received an individual letter and will be staying at home for 14 days.

The school remains open and your child should continue to attend if they remain well.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19 (a high temperature, a new persistent cough or a loss of, or change in, normal sense of taste or smell), they should remain at home for at least 10 days from the date when their symptoms appeared.

They should also arrange for a test to be carried out at the earliest opportunity. To book, visit <https://www.nhs.uk/ask-for-a-coronavirus-test> or phone 119. Short Street in Southend currently offers a walk in, no appointment service.

For most people, coronavirus (COVID-19) will be a mild illness.

If you or your child have developed symptoms all other household members/members of your support bubble who remain well must stay at home and not leave the house for 14 days. This 14-day period starts from the day when the first person in the house became ill. This will greatly reduce the overall amount of infection the household could pass on to others in the community

If your child has shown symptoms and they have been tested, if the test result is negative, they can resume normal activities provided they remain well. The rest of the household can also carry out their activities as normal, provided they do not have COVID compatible symptoms themselves.

If you can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

### **Further advice**

If your child has developed symptoms and you require further advice, visit <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or phone 111.

### **How to prevent the spread of COVID-19**

There are several steps you can take to help reduce prevent the spread of the virus. These are:

- Wash your hands with soap and water often – do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards

We know this news must be rather unsettling for you to hear but please be assured all necessary measures have been followed and taken to protect everyone. We will keep you informed of any future developments.

Yours sincerely



Lisa Clark  
Headteacher