

2<sup>nd</sup> March, 2026

## Reception Healthy Learning Healthy Lives Workshop 2026

Dear Parents/Carers,

We will be holding a Healthy Learning Healthy Lives Workshop for parents/carers on **Tuesday 10<sup>th</sup> March**. This is a great opportunity to find out what we do at school to promote healthy living, the importance of a healthy lifestyle and share current findings.

At the beginning there will be a short presentation on Healthy Learning Healthy Lives followed by the children joining us for 30 minutes to engage in a range of fun activities.

We hope you are able to support your child and come along!

Here are the timings:

Tuesday 10 <sup>th</sup> March	
<b>Kingfisher and Owl</b>	<b>Woodpecker and Peacock</b>
9.00 – 9.45am	2.30 – 3.15pm

**Please enter the school via the Poynings Avenue entrance and meet us in the school hall.**

If you have a child accessing one of our bases the base staff will discuss this event with you.

In order to gauge attendance at this workshop, please complete the google form which can be found on the link below by Friday 6<sup>th</sup> March.

[Healthy Learning Healthy Lives Workshop – Fill out form](#)

Yours sincerely,

Carys Golding  
**Healthy Learning Healthy Lives Lead**

