



HARP Harvest

Appeal 2024

www.harpsouthend.org.uk



Needed:

Biscuits
Rice
Packet Pasta Sachets
Jam
Peanut Butter
Chocolate Spread
Cup a Soup
Tinned Veg
UHT Milk
Tinned Fruit
Tinned Veg
Rice Pudding
Custard
Microwave Rice
Tomato Sauce
Brown Sauce
Mayonnaise
Biscuits
Crisps

Urgently Needed:

Coffee
Sugar
Pot Noodles/Super Noodles
Tinned Meals: Curry, Chili
Cereal
Squash
Cooking Sauces
Fray Bentos Meat Pies and
Puddings
Cooking Oil
Tinned Pasta: Ravioli,
Macaroni



To arrange a collection of items or a talk email
harp.fundraising@harpsouthend.org.uk
Or drop off your collection to Bradbury Day Centre,
103-107 York Road, Southend, SS1 2DL