

Dear Parent/Carer,

## **Introducing the Southend Children, Young People and Family Public Health Service (SCYP & FPHS) and Parent Portal**

We would like to re-introduce ourselves as your local School Nursing Team in Southend-on-Sea. We work across education and health with the aim of improving the health and wellbeing of children and young people and are part of the SCYP & FPHS within Southend City.

Your School Nursing team is now using the School Screener **Parent Portal**, an electronic method to communicate health information and results letters. In order to view your child's results, you will firstly need to register for a parent portal account.

In the portal you will find information about the **National Child Measurement Programme (NCMP)** which is something that children in Reception take part in each year. You will also have the opportunity to fill out a Health Questionnaire with your child, with the aim of finding out which, if any, areas we can support them with.

### **What do I need to do?**

1. Click the link below, this will take you to the registration landing page
2. Register for a school health parent portal account, using just an email address
3. Check your email inbox to create a password. It's important that you keep hold of your Username and password for future logins to access your child's results
4. Log into the portal to read further information about health programmes

(Please note, the portal does not work with internet explorer)

### **NCMP & Health Questionnaire**

Please click on this link below to register for the parent portal and read the information about the National Child Measurement Programme (NCMP) and fill in the health questionnaire for your child. You will be given the opportunity to opt out should you wish to. **If you do not complete the opt out form, your child will be automatically screened.**

<http://qlink.uk/SEh266/143340>

For more information about the portal, please watch the following video

<https://vimeo.com/442663214>

**Please contact the School Nursing Team if you wish to discuss the programme before your child participates or, if you wish to discuss their needs: 01702 534843**

### **Further information**

#### **Who are we and what do we do?**

The Southend-on-Sea School Nursing Team is made up of registered staff nurses and support staff. We are here to support you with a wide range of subjects such as:

- Support with managing medical needs in schools

- Growth and development
- Emotional health and wellbeing
- Vision and Hearing
- Dental health
- Sleep
- Enuresis (bedwetting), continence and soiling
- Immunisation advice
- Common childhood illness
- Growing up, puberty and relationships
- Keeping safe
- Any other general health concerns

Other services and support from the SCYP & FPHS School Nursing Team includes:

- **ChatHealth** which is a confidential messaging service for young people aged 11-19 to get advice and support about health-related issues. Available Monday to Friday from 9am to 4pm. Click on the link below to find out more  
[Start a chat - ChatHealth](#)
- **ChatHealth for Parents** which is a messaging and support service of parents with children aged 5-19. Available Monday to Friday from 9am to 4pm. Click on the link below to find out more  
[Start a chat- ChatHealth](#)
- Hearing and vision testing for Reception children
- Weighing and measuring in Reception and Year 6, as part of the National Child Measurement Programme
- Referrals to other health professionals and services
- Support for education staff when a child has a health condition
- **Health4Life** is a free service to support children and families strive towards a healthy lifestyle. It offers 6 week lifestyle programmes in conjunction with Southend United Community Education Trust.

The Southend-on-Sea School Nursing Team needs to collect certain information about children in the schools to provide a service which meets the needs of your child.

Any information you give us is treated confidentially and is held securely. The information is used to plan and provide care and support for your child and will not be shared with the school or other children. ***If you do not wish to share any information with us, please let us know by opting out of the NCMP, this opt out ensures that we do not see your child for screening and any information will not be shared or used with other services.***

All information held by the Southend-on-Sea School Nursing Team will only be shared with your consent or where there is another legal basis for sharing. More information is available in the Privacy Notice which can be accessed via <https://www.southend.gov.uk/data-protection/sharing-information>

Yours faithfully,

**Southend Children, Young People and Family Public Health Service (SCYP & FPHS) – School Nursing Team**

T: 01702 534843

E: [MSEICB-S.Southendpublichealthnurses@nhs.net](mailto:MSEICB-S.Southendpublichealthnurses@nhs.net)

Text a school nurse directly to talk  
about health or emotional wellbeing:

IF YOU'RE 11-19 YEARS OLD TEXT

**07520 649895**

PARENT OF 5-19 YEARS OLD TEXT

**07507 331884**



ChatHealth



@SouthendSN

Young  
People  
scan this  
QR Code  
to find  
support



Parents  
scan this  
QR Code  
to find  
support

