

PSHE Medium Term Plan 2023-2024

Relationships: Respecting ourselves and others

	Lesson 1	Lesson 2	Lesson 3	Lesson 4
NURSERY Feelings and emotions; rules	I am learning to know when another child is upset or angry Know the meaning of the words upset and angry Recognise facial expressions when another child is upset or angry Recognise and name the correct emotion	I am learning to understand why another child might be angry or upset Recap previous learning Name some reasons why another child might be upset Name some reasons why another child might be angry	I am learning to say please and thank you Practise saying please and thank you clearly Know some situations that I might say please and thank you	
RECEPTION Knowing why another child is upset; being sensitive, saying no; being polite	I am learning about how kind and unkind behaviour can make people feel Know what kind behaviour is Know what unkind behaviour is Know how kind behaviour can make other's feel Know how unkind behaviour can make other's feel	I am learning when and how to say no Know some situations I may need to say no to Practise saying no clearly and politely	I am learning to be polite, share and take turns Know when to say please and thankyou Know why it is important to share and take turns Know how it makes other children feel when I do not share or take turns	
YEAR 1 How behaviour affects others, being polite and respectful	I am learning about class rules Identify why rules are needed for different situations. Suggest why rules are needed for different situations Contribute to and develop class ground rules for PSHE lessons.	I am learning about kind and unkind behaviour Know what kindness is Identify and name some examples of kind behaviour in and out of school Identify and name some examples of unkind behaviour in and out of school	I am learning about how kind and unkind behaviour can make people feel Identify how others might feel when you are being kind Identify how others might feel when you are being unkind Recognise why kindness is important Identify things someone can do if others are being unkind	I am learning to importance of respect Know what respect means Know how to be polite to others Know why it is important to be polite Know how to share and take turns Know why it is important to share and take turns Discuss how people might feel
Resources	PSHE Folder>Teaching Resources> Respecting ourselves and others> Year 1>Lesson 1	PSHE Folder>Teaching Resources> Respecting ourselves and others> Year 1>Lesson 2 and 3 Have pictures of kind and unkind behaviour, children to sort into two groups	PSHE Folder>Teaching Resources> Respecting ourselves and others> Year 1>Lesson 2 and 3	https://www.youtube.com/watch?v=GOzrAK4gOSo PSHE Folder>Teaching Resources>Respecting ourselves and others>Families Page 9
YEAR 2 Recognising things in common and differences, playing and working cooperatively, sharing opinions	I am learning about things I have in common with my friends, classmates and other people Identify and name physical similarities Identify and name similar interests	I am learning that friends can have similarities and differences Identify and name physical similarities between me and my friend Identify and name physical differences between me and my friend Identify and name differences in things we are interested in Identify and name similar things that we are interested in Know that I can me friends even if we have differences	I am learning how to work and play cooperatively Identify what is needed to get along with others Demonstrate good listening skills Describe different ways to learn and play	I am learning how to share my ideas and listen to others Talk clearly so I can be understood Look at the person talking Listen to the person talking Respond to what the other person is saying by giving my views Wait for my turn to speak
Resources	PSHE Folder>Teaching Resources> Respecting ourselves and others> Year 2>Lesson 1 and 2	PSHE Folder>Teaching Resources> Respecting ourselves and others> Year 2>Lesson 1 and 2	PSHE Folder>Teaching Resources> Respecting ourselves and others> Year 2>Lesson 3	https://www.bbc.co.uk/bitesize/articles/zw4txbk