

Relationships: Safe Relationships

	Lesson 1	Lesson 2	Lesson 3	Lesson 4
NURSERY Sharing and taking turnings (RSE)	I am learning to say no when I do not want to do something Know some situations that I may want to say no Practise saying no clearly and politely	I am learning to share and take turns Know some situations I might need to share or take turns Know why it is important to share and take turns Know the difference between sharing and taking turns Know how it makes other children feel when I do not share or take turns	I am learning about what it means to ask for permission Say why they should ask other people for permission in different situations, including when touching someone else Use simple phrases to ask for, give or not give permission	
RECEPTION Private body parts; staying safe outside (RSE)	I am learning to name parts of my body Name parts of my body – head, neck, chest, back, arm, stomach, bottom, private parts, legs, feet. Identify parts of my body	I am learning about what it means to keep something private Know that some parts of the body are private Know that my body belongs to me Know that no means no Recognise and repeat the Talk PANTS Rules	I am learning about permission Know what personal space is Know what personal things/belongings are Ask for permission before touching someone or someone's belongings	I am learning about how to be safe outside Know I need to stay close to an adult when I am near a road Know how to safely cross a road: stop, look, listen
YEAR 1 Recognising privacy; staying safe; seeking permission (RSE)	I am learning about situations when somebody's body or feelings might be hurt Know what it means to hurt somebody's feelings Know the feelings I might have when I have been hurt Know how to recognize these feelings in other's Know the situations that might cause someone to have hurt feelings Know who and how to ask for help	I am learning about the private parts of our bodies Identify and name external genitalia Recognise the difference between boys and girls Know that parts of our body are private	I am learning about what it means to keep something private Know what private means Know some the things that I might want to keep private Recognise that adults care for children and help them to stay healthy and safe Know that parts of our body are private Know why it is important to keep some parts of our body private Rehearse and recall the PANTS rules	I am learning to identify different types of touch Identify different types of touch – hugs, tickling, kisses, punches Describe how feel when being touched in this way Think about how other people might feel Know that it is important to ask for permission to touch others Know how to ask for and give permission Know how to not give permission.
Resources		Yasmin and Tom> Module 1> Lesson 6: My body – External body parts	PSHE Folder>Safer Relationships>Year 1> Lesson 3	PSHE Folder>Safer Relationships>Year 1> Lesson 4
YEAR 2 Managing secrets; resisting pressure and getting help; recognizing hurtful behaviour (RSE)	I am learning to manage hurtful behaviour Know and identify hurtful physical behaviour Know and identify hurtful emotional behaviour Know and identify hurtful behaviour online Know what to do if I see hurtful behaviour Know what to do if I feel hurtful behaviour	I am learning about bullying To know what bullying is To know about different types of bullying To identify bullying Know how someone might feel if they are being bullied Know what to do I am or someone I know is being bullied	I am learning about the difference between happy surprises and secrets that make me feel uncomfortable Know some examples of happy surprises Know some examples of secrets that make me feel uncomfortable or worried Know how to get help	I am learning to resist pressure Know some examples of things that might make me feel uncomfortable or unsafe Know how to resist pressure Know that it is ok to say no Know how to ask for help
Resources	Video 3 CEOP https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/ PSHE Folder> Safe Relationships> Year 2> Lesson 1	Share child friendly anti-bullying leaflet BBC Bitesize Citizenship What is bullying? https://www.bbc.co.uk/bitesize/articles/z9h6g8#:~:text=Calling%20someone%20names%2C%20making%20fun,speak%20are%20forms%20of%20bullying.&text=If%20you%20leave%20others%20out,feel%20stupid%2C%20this%20is%20bullying.&text=Hitting%2C%20kicking%20and%20starting%20fights,are%20all%20forms%20of%20bullying.	PSHE Folder>Safe Relationships>Year 2>Lesson 3	https://www.google.com/search?q=resisting+pressure+ks1&rlz=1C1GCEU_enGB1016GB1016&oeq=resisting+pressure+ks1&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTINCAEQABiGAXiABBiKBtINCAlQABiGAXiABBiKBtINCAMQABiGAXiABBiKBtINCAQABiGAXiABBiKBdIBCDk0MTRqMGo3qAIAA&sourceid=chrome&ie=UTF-8#fpstate=ive&ip=1&vld=cid:c60018e1_vid:AtfXbWpS_Q4_st:0