

Friday 3rd October 2025

Year 1 PSHE/RSE Lessons

Dear Parents/Carers,

We would like to notify you of some sensitive content in our upcoming PSHE lessons so that you can discuss this with your child and are prepared for questions that they may ask.

From the week commencing 6th October, we will be teaching the PSHE lessons set out below:

Week Beginning	6 th October 2025	13 th October 2025	20 th October 2025
Learning Objective	I am learning the names of private parts of our bodies	I am learning about what it means to keep something private	I am learning to identify different types of touch
Success Criteria	Know the names of external genitalia Know that parts of our body are private	Know what private means Know that some parts of our body are private Know who is a trusted adult	Identify different types touch – hugs, tickling, kisses, hitting Know how different touches make us feel Know that it is important to ask to touch others Know how to say no
Key Vocabulary	testicles, penis, vulva, vagina, private	private, teacher, doctor, nurse, mummy, daddy	tickling, kissing, hitting, ask

Throughout these lessons we will be discussing the NSPCC Pants are Private rules (see the link for further information), as well as celebrating our bodies and the things they enable us to do!

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

<https://www.youtube.com/watch?v=SzbMEVYiyg>

In an age-appropriate way we will be learning the names for external body parts (genitalia).

If you have any further questions, please email the school office or speak to Rainbow staff.

Kind regards,

Mrs V Bryant
Assistant Principal
PSHE lead

