

SEND PSHE and RSE Long Term Plan

	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		SUMMER 1		SUMMER 2	
Whole school	Relationships				Living in the wider world				Health and Wellbeing			
	Families and Friendships	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media Literacy and digital resilience	Money and Work	Physical health and mental wellbeing	Growing and changing	Keeping safe			
SEND Adapted Plan	Changing and Growing CG4: Different types of relationships Self-Awareness SA3: Playing and working together SA4: People who are special to us	Changing and Growing CG3: Dealing with touch Self-Care, Support and Safety SSS3: Trust SSS5: Public and Private	Self-Awareness SA2: Kind and Unkind behaviours SA5: Getting on with others Managing Feelings MF1: Identifying and expressing feelings MF2: Managing strong feelings	The World I Live In WIL15: Belonging to a community WIL14: Taking Care of the environment WIL13: Rules and Laws WIL11: Respecting differences between people	Self-Care, Support and Safety SSS4: Keeping Safe online	The World I Live in: WIL16: Money WIL1: Jobs people do	Healthy Lifestyles HL1: Healthy Eating KL2: Taking care of physical health HL3: Keeping well Self-Care, Support and Safety SSS1: Taking care of ourselves	Growing and Changing CG1: Baby to adult Self-Awareness SA1: Things we are good at	Self-Care, Support and Safety SSS2: Keeping Safe			