

Relationships: Families and Friendships

	Lesson 1	Lesson 2	Lesson 3	Lesson 4
NURSERY My family, feeling and emotions	I am learning to talk about my family Name some members in my family e.g mum, dad, brother, sister, nanny, grandad Begin to understand what a family is	I am learning to talk about different emotions and feelings Name different feelings and emotions Recognise how people might look when feeling a certain why	I am learning to talk about how feelings can affect how people behave Name different emotions from looking at pictures. Talk about how a person might behave.	I am learning why it is important to take turns and share resources Know what sharing looks like – role play. Know what taking turns looks like Know why it is important to take turns and share Know what to do if a friend is not sharing or taking turns.
RECEPTION Playing with different people, turn taking and sharing	I am learning to talk about different emotions and feelings Name different feelings and emotions Recognise how people might look when feeling a certain why Begin to talk about the reasons why people might be feeling a certain way.	I am learning to recognise feelings in themselves and others Name different emotions from looking at pictures. Explain why they chose that emotion Talk about when they felt a certain way and the reasons for it.	I am learning to talk about how feelings can affect how people behave Name different emotions from looking at pictures. Talk about how a person might behave.	I am learning why it is important to take turns and share resources Know what sharing looks like – role play. Know what taking turns looks like Know why it is important to take turns and share Know what to do if a friend is not sharing or taking turns.
YEAR 1 Roles of different people, families, feeling cared for	I am learning to understand that we are all different but can still be friends Identify feeling and emotions that other may be feeling Describe someone that is different to them Know that we are all different Know that we can still be friends	I am learning about people who care for me Identify and name people that care for them – parents, grandparents, relatives, friends, teachers The roles these people have in my live How they care for me	I am learning about what makes a family Describe what a family is Identify who might be in a family Explain how families can care, and show love for each other	I am learning about different types of families Know what it means to be a family Know that there are different types of families – single parents, same-sex parents, married parents Describe some difference between families Identify some things that families can have in common, including what they do and enjoy together Know who can help them when families feel unsafe
Resources	Christopher Winter>Year 1>Growing and caring for ourselves>Different Friends Lesson 1		Families>Year 1>Lesson 1	Christopher Winter>Growing and Caring for ourselves>Families and Care Families>Year 1>Lesson 2
YEAR 2 Making friends, feeling lonely and getting help	I am learning to explore what makes a good friend. Know why people have friends. Know how to be a good friend. Know the difference between friendly and unfriendly behaviour	I am learning how to meet and make friends Name different situations that you can meet people. Discuss different ways to make friends. Know strategies for positive play with friends e.g joining in, including other	I am learning about what causes arguments between friends Identify actions that cause arguments Identify behaviour that can cause arguments Know why hurting back does not help	I am learning how to solve disagreements between friends Know what resolve means and how to resolve disagreements Know what negotiate means and ways to negotiate Know what compromise means and how to compromise Know who I can ask for help if I am unable to resolve a disagreement
Resources	This lesson begins by children exploring why people have friends. They then sort statements which describe a good friend or a bad friend. They develop a list of qualities that a good friend has. In the main activity, children create WANTED posters for an ideal friend. Alternatively, children draw around their hand and draw a friend in the palm before writing a reason why they are a good friend at the end of each finger. In the plenary, children use drama to explore how to help a lonely child.	PSHE Folder > Families and Friendships> Year 2> Lesson 2	PSHE Folder> Families and Friendships> Year 2> Lesson 3 and 4	In this lesson, children look at various scenarios in which friends have fallen out. They learn how to resolve disagreements and what it means to negotiate and compromise. Children rehearse how to ask an adult for help if they are unable to resolve the disagreement themselves. Children then look at why hurting back does not help a situation in which two friends have fallen out. Drama is used to explore how a girl who has fallen out with her friend could be feeling. PSHE Folder> Families and Friendships> Year 2> Lesson 3 and 4