

Electively Home Educated children and young people

School Nurses support all children aged 5–19 in Southend. This support can be delivered in the community and sometimes in the family home.

Referrals

School Nursing referral forms can be found in school receptions. Alternatively, telephone referrals can be made and a member of the school nursing team will be in contact. We accept referrals from parents / carers, schools and health professionals with parental consent.

ChatHealth

ChatHealth is a secure and confidential text messaging service for young people. It allows young people to easily and anonymously get in touch with a healthcare professional for advice and support. All young people between the ages of 11–19 are eligible to use this service to text a school nurse on **07520 649895**. If there is a concern about the safety of a young person, we may need to inform other services for safeguarding purposes. These text messages are stored and shared with other health professionals with the young person's permission.

Public Health Team

📍 Department for People
Southend-on-Sea Borough Council
Civic Centre
Victoria Avenue
Southend-On-Sea
SS2 6ER

School Nursing Contact

☎ 01702 534843
✉ sccg.southendpublichealthnurses@nhs.net
🌐 www.southend.gov.uk/schoolnurses
🐦 @SouthendSN

Useful Numbers:

☎ Children's Centre: 01702 220810
☎ NHS: 111

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Southend-on-Sea School Nursing Service

We provide support and advice for children, young people, parents, families and professionals.



☎ 01702 534843 🐦 @SouthendSN
✉ sccg.southendpublichealthnurses@nhs.net

The School Nursing service supports the health and wellbeing of children and young people between the ages of 5–19 and their families.

You can talk to a member of the school nursing team if you have any worries or concerns with regards to:

- Support with managing medical needs in schools
- Growth and development
- Emotional health and wellbeing
- Vision and Hearing
- Dental health
- Sleep
- Enuresis (bedwetting), continence and soiling
- Immunisation advice
- Common childhood illness
- Growing up, puberty and relationships
- Keeping safe
- Any other general health concerns

What support does the School Nursing service offer?

- We support children and young people who have medical needs to ensure their conditions are managed safely in schools
- We support school staff in managing medical needs (for example, asthma and allergies)
- We carry out the National Child Measurement Programme for reception children who are also offered vision and hearing screening as well as a health questionnaire
- We also carry out the National Child Measurement Programme for children in year 6 who are offered a health questionnaire. This helps us to ensure their health needs are supported during their transition to senior school
- We provide health, development and emotional wellbeing advice
- We deliver health promotion in schools and in the Southend community
- School nurses can refer directly to other health professionals and services if required

Parent / Carer Drop-in Clinics

Parent drop-in clinics are run by members of the School Nursing service on a regular basis. You can access these with or without an appointment and can talk about any problems with your child's health and emotional wellbeing.

If your child is ill and is likely to need treatment, please access your GP.

Drop in clinics are a good place to meet other parents too, they are often held in Children's Centres or schools. Please contact our team to find out when the next available clinic is.

Young People aged 11–19

Young people aged 11–19 can access school nursing support via a face to face school drop in. You can find out when the next drop in is at the school office. 11-19 year olds can also contact a school nurse via a ChatHealth SMS messaging service. Text between 9.30–16.30 Monday–Friday (excluding bank holidays) on **07520 649895**.

