



Hints and tips to help you in your home school journey

- Children learn in different ways and at different times to each other, try not to compare your child's experience to another.
- In Reception we learn through play and some key focused lesson times. For home learning we are providing the focused lessons times for you to complete with your child each day but it is really important they have time to play and explore their own ideas too.
- We repeat things a lot at this age. It might seem that you are doing the same activity each week with your child but that is how we learn, through repetition.
- Listen to your child, if they are not ready to do their lesson let them have a break and try again later in the day. If this seems to become a problem talk to your child's teacher for some advice.

You can email the office office@hamstel-inf.southend.sch.uk to do so, make sure you include your child's name and class.

- We are all in the same boat, this is not easy or normal, it is ok to find it difficult and challenging.
- There are fun ways for your child to exercise at home, you can join in with Joe Wicks every day or do some yoga with Cosmic Kids Yoga, you can find them both on You Tube.
- When your child is playing you can extend their play using open ended questions, for example:

- How can we...?
- What would happen if...?
- How does that work?
- I wonder if...?
- Is there another way to do this?
- Why does it...?
- How does it...?
- Tell me about...?
- How does it feel?
- What does it sound like?
- What can you hear?
- What can you see?



- Activities like colouring, threading, cooking, building with Lego, cutting and sticking, playing with small world toys, dancing and singing songs are really important. Children do not just learn through written tasks, all learning is valued.
- We are here to help you in any way. Just let us know how.

We think you are all doing a fantastic job!

The Reception Team